

THE flourish JOURNEY



TFJ Rep Team - Parent/Teacher Information Brochure

Introduction

Dear Teachers, Parents, and Guardians,

We are excited to announce and share with you all The Flourish's Journey 2024 RepTeam Program.

The Flourish Journey is proud of being an organisation that is run, led and informed by young people, for young people.

As such, we are thrilled to offer young people aged 15-21 an exciting chance to develop their leadership skills and become active participants in our mission of empowerment and growth.

Given this unique opportunity, we wanted to provide a document that will help you further understand who we are and what we aim to offer your young people.

Please reach out to our team via email or The Flourish Journey website with any questions.

Love,

Fi Sanford
CEO of The Flourish Journey





The Flourish Journey is fostering a generation of empowered, resilient and connected teenage girls who can shape a future where everyone flourishes as their best selves.

While our expertise lies in catering to the needs of teenage girls, our audience is inclusive and aspires to include anyone who identifies as female and/or gender diverse. We design our workshops with the intention of creating a welcoming space for individuals across the gender diversity spectrum.

At The Flourish Journey, we are dedicated to embracing and empowering all participants, irrespective of their gender identity.

TFJ's Impact

The Flourish Journey (previously Flourish Girl) is a social enterprise that offers transformational programs to teenage girls and gender diverse students in high schools across Australia.

Our programs recognise the complexity of factors teenage girls encounter and provide a safe space for young people to talk about them in a healthy way. Our participants are empowered to share openly, and are provided with tools that cultivate a greater sense of connection to themselves and their peers,

The Flourish Journey's mission is to foster a generation of empowered, resilient and connected teenage girls who can shape a future where everyone flourishes as their best selves.

Since 2018, The Flourish Journey has positively impacted over 20,000 young people in more than 120+ schools across Australia.



“ I just wanted to say that this was one of the best things I have done. Today has made me feel so much more confident and connected to everyone ”

YEAR 10 STUDENT

The Rep Team

The Flourish Journey 2024 Rep Team program provides an opportunity for six young people who are passionate about their self-development and making a difference.

Over a transformative 5-month program, Rep team members will gain experience and insights from experts internal and external to The Flourish Journey, build connections with other young people, and develop as individuals, leaders, and team members.

The primary objectives of The Flourish Journey REP team program are:

- Provide young people with professional development opportunities to grow and develop as young leaders
- Platform young people's voices, stories, and experiences through The Flourish Journey's TikTok, newsletter, blog, and upcoming podcast
- Provide an opportunity for young people to contribute key feedback and expertise to The Flourish Journey, ensuring that our organisation remains youth-led



Why should your young people join?

The Flourish Journey 2024 Rep Team program is a wonderful opportunity for six young people to develop as individuals, leaders, and team members.

Professional Development:

- Gain hands-on experience and guidance in content creation, marketing, and leadership skills from experts internal and external to The Flourish Journey

Community Engagement:

- Connect with like-minded peers and contribute to positive change within your community.

Personal Growth:

- Develop confidence, communication skills, and a sense of purpose through meaningful projects.

Make an Impact:

- All Rep Team members will play a crucial role in spreading our message of empowerment to a wider audience.



Expectations and Opportunities

The Flourish Journey REP team will be a five-month program from mid-May until mid-October 2024. This program will have several expectations while offering impactful opportunities for the six successful applicants. The time commitment of each Rep team member may vary depending on their availability.

Opportunities:

- All members will be welcomed into an active and empowered community of like-minded women and young adults
- All team members will attend six private events hosted by TFJ and guests to build their confidence and skills throughout the program
- All team members will receive one free piece of TFJ merchandise in their sizing
- All team members will be provided with the opportunity to write a blog post for our website (with coaching)
- All team members will be encouraged to provide their unique insights, and expertise to our organisation
- All team members will be celebrated at the end of this program at our Rep Team Graduation

Expectations:

- All team members will be present for all PD opportunities as well as the Rep Team graduation
- All team members will work together to design, create, and deliver meaningful and impactful content for our TikTok
- All team members will work together to design, create, and deliver a bi-monthly newsletter for our key stakeholders, partners, and broader TFJ community
- Once the TFJ Podcast is running in the second half of 2024, all team members will feature on one episode

Key Dates

The Flourish Journey REP team will begin in mid-May and run until mid-October. Within these five months, there will be six compulsory Professional Development events as well as a Graduation that will be held in person, in St Kilda (Victoria).

The first PD session, held on Monday 13th May 2024 will also serve as an induction for all team members.

Please find the key dates below:

- PD night #1: Monday 13th May 5.30-7.30pm
- PD night #2: Monday 3rd June 5.30-7.30pm
- PD night #3: Monday 1st July- 5.30-7.30pm
- PD night #4: Monday 29th July - 5.30-7.30pm
- PD night #5: Monday 26th August- 5.30-7.30pm
- PD night #6: Monday 23rd September - 5.30-7.30pm

- Rep Team Graduation - Monday 14th October 5.30-7.30pm

Ideally, all Rep team members can attend all events in person. However, if this is not possible for your young people - please still encourage them to apply.



Applying to the Rep Team

Who should apply?

We are looking for young people who:

- Are aged between 15-21 years old
- Have a passion for creativity and making a difference
- Possess strong communication and collaboration skills
- Are committed to a 5-month program with regular meetings and tasks
- Have diverse gender/socioeconomic/cultural backgrounds

Ideally, we would love to include young people who have also experienced our Flourish Girl/The Flourish Journey school workshops.

How to apply?

If you know someone interested in this opportunity, please direct them to our website. All additional information, including a video further explaining this opportunity, can be found there.

Applications should also be submitted via our website. Please keep in mind that applications close on Friday 3rd May. Following this, all applicants will hear back from our team on Monday 6th May.



Thank You



hello@theflourishjourney.org



www.theflourishjourney.org



[@theflourishjourney_](https://www.instagram.com/theflourishjourney_)